



# Lavender Mobile Spa Corporate Health & Wellness



## The Need For Wellness

No company can be successful without focusing on the well-being of its employees—and employees can't maximize their productivity without feeling their best every day. Healthy people work harder and are more efficient and happy employees. The road to building a successful workplace wellness program can be both challenging and rewarding; but when management and employees are committed to building a "more-healthy workplace", Lavender can help make that vision a reality!



## Customized Wellness Programming

Our staff will meet with management to assess and develop a customized wellness program based upon company goals and employee needs. A program will be designed for your staff to accomplish the wellness vision that is established. No matter your unique company needs, we can help you create a comprehensive and sustainable wellness program that your staff will support and yield promising results.



## Offerings

We offer comprehensive nutrition/fitness programs, financial wellness plans, stress management strategies, health fair planning services and more! We employ trained professionals that will facilitate exciting and engaging programming to keep staff involved and motivated while working to achieve company, and personal, wellness goals.



## Evaluation

We carefully track the outcomes and effectiveness of our programming so clients are aware of the progress and achievements of their staff. In addition, our evaluations may assist in tracking health care cost savings, improved health status of participating employees, and how company's wellness goals are being met.

## Companies That We've Provided Wellness Services For:

Accenture, AMC Global, AlixPartners, Doeren Mayhew, Association of Corporate Counsel, Google, Mobis North America, Oakland Mediation Centers, OpTech, Oral & Facial Surgeons of Michigan, Quicken Loans, Residential Home Health

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**Certified Wellness Specialist**

